

# CHICAGO FC UNITED GIRLS SOCCER CLUB

ACHIEVE YOUR /NCREDIBLE





# WHO WE ARE: AN INSIDE LOOK CHICAGO FC UNITED GIRLS CLUB OVERVIEW

**Chicago FC United** is the elite soccer club in Illinois. With teams at every level of play, the goal of FC United is to create the best soccer experience for every player in every season. FC United is committed to cultivating the best club environment that empowers each player to reach their best potential and **Achieve Their Incredible!** 

FCU GIRLS CLUB: BY THE NUMBERS

Number of Players

Number of Teams

25

2021/2022 **Age Groups** 

2011-2003

# 32+ HIGH SCHOOLS REPRESENTED WITHIN THE FC UNITED CLUB PROGRAM















































# RANKED TOP 100 CLUBS IN THE COUNTRY

TOP 100 GIRLS SOCCER CLUBS

March 2021

# TOP 14 CLUBS IN THE





# FCU GIRLS PROGRAM: PLAYER PATHWAY

**PREMIER PROGRAM** 

★ 7-10 Month Program

★ NISL League, Local

★ Local Tournaments

(High School Break)

★ U12 - U19

Leagues

# GIRLS ACADEMY PROGRAM

- ★ U13 U19
- ★ 10 Month Program
- ★ Girls Academy League College Showcase **Events/National Events**

# **SELECT PROGRAM**

- ★ U12 U19
- ★ 7-10 Month Program (High School Break)
- ★ NISL League, Local/ Regional Leagues
- ★ President Cup,

- Local/Midwest Tournaments



PRE-ACADEMY Program

★ 7-10 Month Program

Club vs Club League, Regional/National

★ State Cup, Presidents

Nationals, College

Cup, Regionals,

Showcases

(High School Break)

★ U11 - U19

Leagues

# A HOLISTIC APPROACH TO PLAYER DEVELOPMENT

AUG / SEP / OCT / NOV

# **FALL SEASON**

### **Becoming a Team:**

Building team dynamics through competitive training and game play. JAN / FEB / MAR

# WINTER SEASON

# **Individual Development:**

Focus on individual development within the team environment.

APR / MAY / JUN **SPRING SEASON** 

### **Team Performance:**

Reaching peak performance with a heightened focus on competition and game management.

# THE FCU WAY: STYLE OF PLAY

In possession: "Our aim is to manipulate the positioning of the opponent by creating and exploiting space."

### **Construction:**

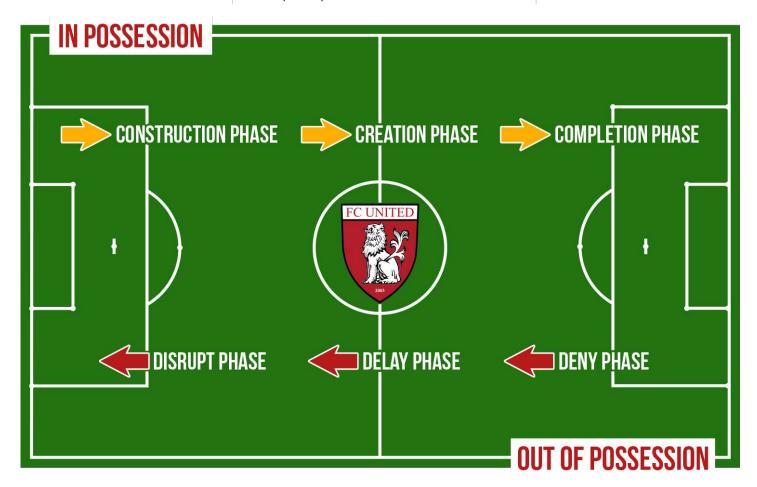
- Player Movement & Rotation
- Attract Pressure

### **Creation:**

- Create Numerical Overloads
- Exploit Space Between & In Behind Lines

### Completion:

- Threaten Space in Behind
- Create & Utilize Overloads



# Out of possession: "High octane front foot defending, denying opponent time and space to regain possession as soon as possible"

### **Disrupt**

 Disrupt & Press the Opponent's Build Out

### **Delay**

 Recover & Defend in a Compact/ Organized Shape

### Deny

 Eliminate Attacking Threat & Deny Goal Scoring Opportunities









The FCU Program provides a wealth of recruiting education and the exposure opportunities needed for the girls. The club has a proven pipeline of successful college players and a great process for helping guide the families through the process.

- Parent of a 2021 FCU Girls Player

# REACH THE NEXT LEVEL: FCU RECRUITING

**Chicago FCU Girls College Recruiting** 

**Exposure to College Coaches // Family & Player Education // Recruiting Support** 

The club provides the exposure, education, and recruiting support necessary for our players whose aspirations are to compete at the next level.

## Player First Recruiting Platform

FC United is proud to offer **PlayerFirst Recruiting** to our FCU club members. PFR is a personalized recruiting software that provides a step-by-step guide for navigating the complicated recruiting process. This software is available to current 8th through 12th-grade Girls and Boys FC United members interested in playing collegiate soccer. More details will be provided after final team formations.

# COLLEGE PROGRAMS WITH FCU GIRLS COMMITMENTS SINCE 2019 LEVEL COLLEGE PROGRAMS WITH FCU GIRLS COLLEGE PROGRAMS

# AHEAD OF THE CURVE: PEOPLE, INNOVATION, & FACILITIES

# **OUR LEADERSHIP**



Erin Chastain FCU Girls Director

- DePaul University Women's Head Coach (14 Years)
- Former Assistant Coach at Santa Clara & Northwestern
- Played Collegiately at the University of Minnesota



# Sean Palacios FCU Girls Director

- USSF: National C
- 13 Years of Coaching Experience at FCU
- Saint Ignatius College Prep, Girls Head Coach (2016-2019)



# Fabrice Gautrat FCU GA Director

- USSF A Youth License
- USYS National Youth License
- NSCAA Director of Coaching
- Assistant Coach at Chicago Red Stars (2020 - Present)



**Stan Anderson FCU GK Coach** 

- 24 years D1 College coach
- 2014/15 DA National Champ with Chicago Fire Academy
- 2018 II. Soccer Person of the Year



Baer Fisher Sporting Director
• Loyola Academy

- Head Coach
- USSF B License
- DIII National Champion (Middlebury College)



Andy Parry Director of Operations

- · USSF National A
- USC Premier Diploma
- USSF National Youth



David Roth Executive Director

- Northwestern University All American
- Northwestern
   Athletic Hall of Fame
- New York Red Bulls '09-'10

The girls' coaches are best in class. The knowledge they share with the players and thought process behind what they do is why we love this program.

- Parent of '05 Athlete

# **INNOVATION: CHANGING THE PLAYER & FAMILY EXPERIENCE**

FC United is always evolving and innovating our program to provide the best player and family experience in youth soccer.



**PlayerFirst App:** PlayerFirst is the club proprietary app that drives the club schedules, rosters, and team communications.



**@Home Training Program:** The FCU @Home Training Program includes a library of individual exercises designed to promote the player's Commitment to Self Improvement.



**VEO VEO Game Film:** FCU Teams film games through the VEO Technology Platform. Game film is used for coaching education and player recruiting support!



# **ELITE TRAINING FACILITIES: TRAIN ON THE BEST!**

# HOME INDOOR FACILITIES:





# **HOME OUTDOOR FACILITIES:**









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# INTERESTED IN THE CHICAGO FC UNITED GIRLS CLUB PROGRAM? CONTACT OUR DIRECTORS!

Director Erin Chastain: erin.c@chicagofcunited.com

Director Sean Palacios: sean.p@chicagofcunited.com





