



# CHICAGO FC UNITED GIRLS SOCCER CLUB

ACHIEVE YOUR *INCREDIBLE*





# OUR MISSION

## Building Passion and Expertise in Every Player



# WHO WE ARE: AN INSIDE LOOK

## CHICAGO FC UNITED GIRLS CLUB OVERVIEW

**Chicago FC United** is the elite soccer club in Illinois. With teams at every level of play, the goal of Chicago FC United is to create the best soccer experience for every player in every season. Chicago FC United is committed to cultivating the best club environment that empowers each player to reach their highest potential and **Achieve Their Incredible!**

### FCU GIRLS CLUB: BY THE NUMBERS

Number  
of Players  
**475+**

Number  
of Teams  
**30**

2022/2023  
Age Groups  
**2012-2004**



### 32+ HIGH SCHOOLS REPRESENTED WITHIN THE FC UNITED CLUB PROGRAM



### RANKED TOP 100 CLUBS IN THE COUNTRY

**TOP 100 GIRLS  
SOCCER CLUBS**

**SOCCER  
WIRE**

### TOP 14 CLUBS IN THE MIDWEST





# FCU GIRLS PROGRAM: PLAYER PATHWAY



## GIRLS ACADEMY | 2010-2004 (U13-U19)

- 10 Month Season
- Girls Academy League
- Girls Academy College Showcases
- National Showcase Events
- PlayerFirst Recruiting Platform Included



## PRE-ACADEMY | 2012-2004 (U11-U19)

- 7 Month High School Season // 10 Month Youth Program
- Midwest Regional/National Leagues
- State Cup, Presidents Cup, Regionals, Nationals
- College Showcases/National Showcase Events
- PlayerFirst Recruiting Platform Included



## SELECT | 2012-2004 (U11-U19)

- 7 Month High School Season // 10 Month Youth Program
- Local NISL League, IWSL League
- Local/Midwest Tournament Play
- PlayerFirst Recruiting Platform Included



## PREMIER | 2012-2004 (U11-U19)

- 7 Month High School Season // 10 Month Youth Program
- Local NISL League, IWSL League
- Local/Midwest Tournament Play



**PLAY WITH THE BEST:**  
FCU COMPETES IN LOCAL, MIDWEST, & NATIONAL SHOWCASE EVENTS!



# A HOLISTIC APPROACH TO PLAYER DEVELOPMENT

AUG / SEP / OCT / NOV

## FALL SEASON

### Becoming a Team:

Building team dynamics through competitive training and game play.

JAN / FEB / MAR

## WINTER SEASON

### Individual Development:

Focus on individual development within the team environment.

APR / MAY / JUN

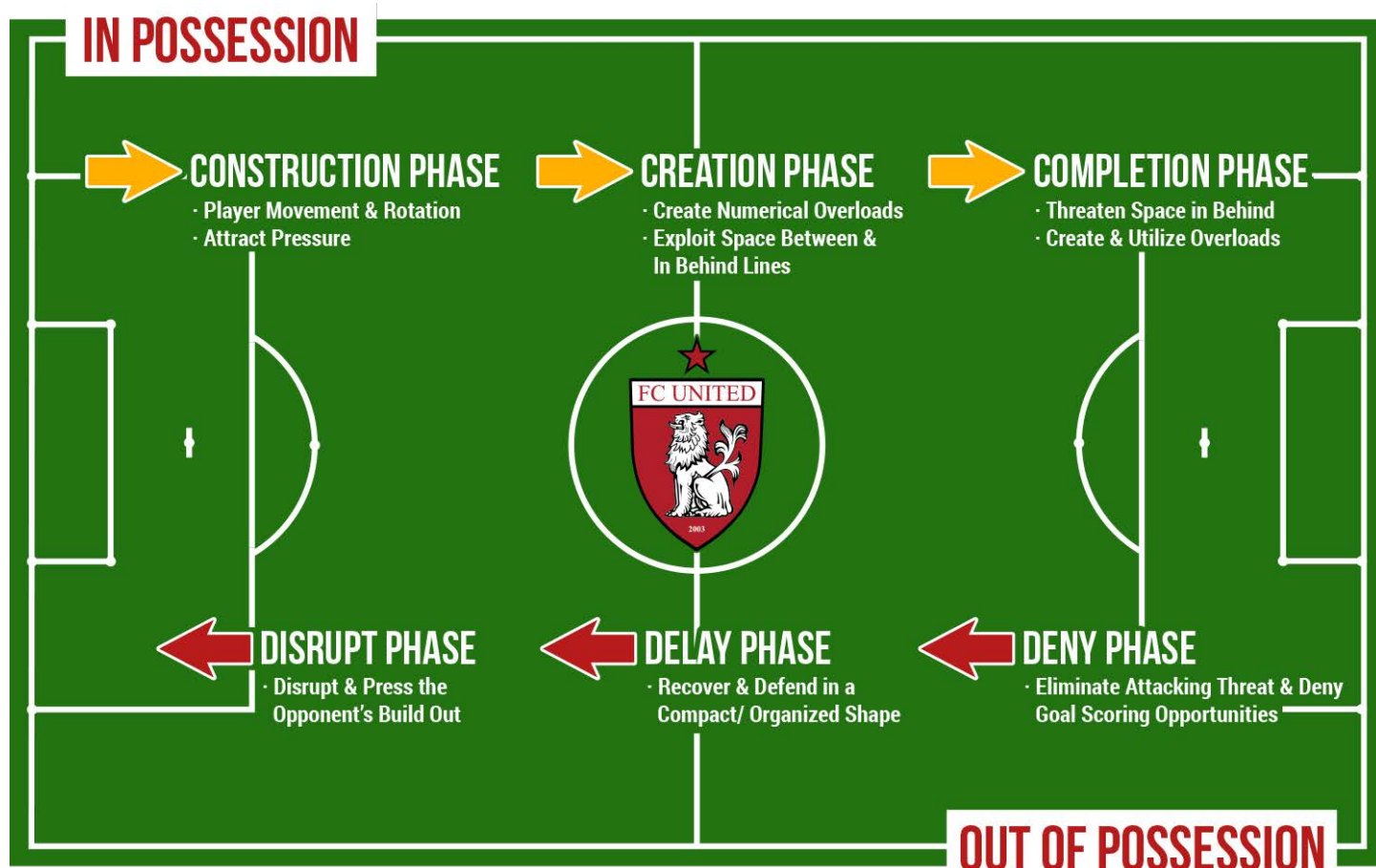
## SPRING SEASON

### Team Performance:

Reaching peak performance with a heightened focus on competition and game management.

## THE FCU WAY: STYLE OF PLAY

In possession: "Our aim is to manipulate the positioning of the opponent by creating and exploiting space."



Out of possession: "High octane front foot defending, denying opponent time and space to regain possession as soon as possible"







## NATIONAL TEAM PLAYERS



### Keegan Schmeiser

2004 Girls Academy

U17 United States National Team



### Ajla Gradan

2006 Pre-Academy Red

U17 Bosnia Herzegovina Team



### Nahla Dominguez

2004 Pre-Academy Red

U20 Mexican National Team

## REACH THE NEXT LEVEL: COLLEGE RECRUITING & BEYOND!

**Chicago FCU Girls College Recruiting: Exposure to College Coaches // Family & Player Education // Recruiting Support**

The club provides the exposure, education, and recruiting support necessary for our players whose aspirations are to compete at the next level.

### Player First Recruiting Platform

FC United is proud to offer **PlayerFirst Recruiting** to our FCU club members. PFR is a personalized recruiting software that provides a step-by-step guide for navigating the complicated recruiting process. This software is available to current 8th through 12th-grade Girls and Boys FC United members interested in playing collegiate soccer.



## COLLEGE PROGRAMS WITH FCU GIRLS COMMITMENTS SINCE 2019



# AHEAD OF THE CURVE: PEOPLE, INNOVATION, & FACILITIES

## OUR LEADERSHIP



**Sean Palacios**  
**FCU Girls Director**

- USSF: National C
- 13 Years of Coaching Experience at FCU
- Saint Ignatius College Prep, Girls Head Coach (2016-2019)



**Hannah Berregaard**  
**FCU Girls Assistant Director**

- 2 Years Coaching Experience at FCU
- 4 Years Coaching Experience at Cedar Valley SC
- Masters in Sports Administration



**Steve Morris**  
**Academy Director**

- USSF National A License
- Former Professional Player in NPSL, A League, and Canadian Soccer League
- Former USLII Coach



**Stan Anderson**  
**FCU GK Coach**

- 24 years D1 College coach
- 2014/15 DA National Champ with Chicago Fire Academy
- 2018 IL Soccer Person of the Year



**Andy Parry**  
**Director of Operations**

- USSF National A
- USC Premier Diploma
- USSF National Youth



**David Roth**  
**Executive Director**

- Northwestern University All American
- Northwestern Athletic Hall of Fame
- New York Red Bulls '09-'10

“The girls’ coaches are best in class. The knowledge they share with the players and thought process behind what they do is why we love this program.”

- Parent of '05 Athlete





# INNOVATION: CHANGING THE PLAYER & FAMILY EXPERIENCE

FC United is always evolving and innovating our program to provide the best player and family experience in youth soccer.



**PlayerFirst App:** PlayerFirst is the club proprietary app that drives the club schedules, rosters, and team communications.



**@Home Training Program:** The FCU @Home Training Program includes a library of individual exercises designed to promote the player's *Commitment to Self Improvement*.

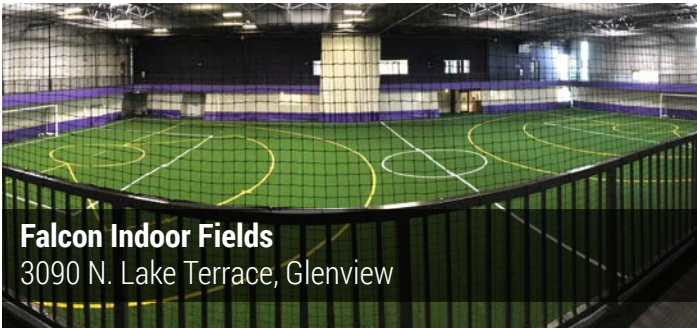


**VEO Game Film:** FCU Academy and Pre-Academy Teams film games through the VEO Technology Platform. Game film is used for coaching education and player recruiting support!



## ELITE TRAINING FACILITIES: TRAIN ON THE BEST!

### HOME INDOOR FACILITIES:



**Falcon Indoor Fields**

3090 N. Lake Terrace, Glenview



**Highland Park Fieldhouse**

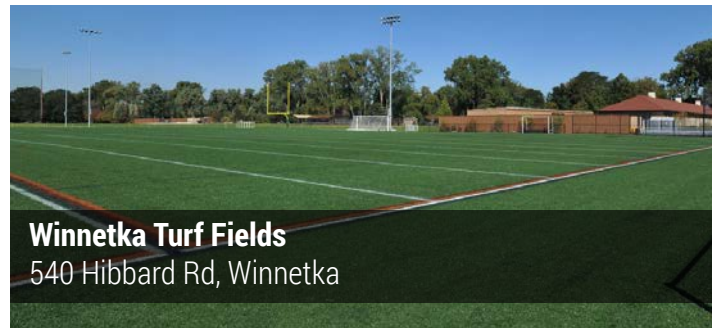
2205 Skokie Valley Rd, Highland Park

### HOME OUTDOOR FACILITIES:



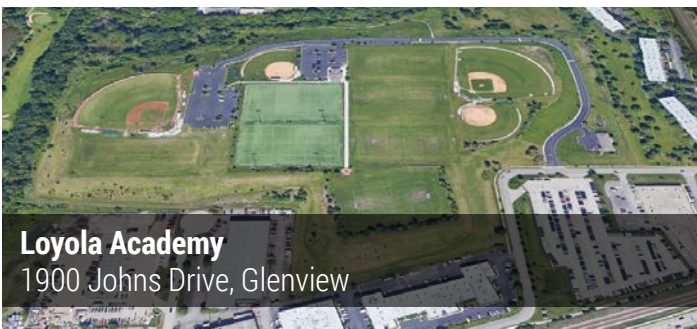
**Vernon Hills Turf Fields**

300 Nike Pkwy, Vernon Hills



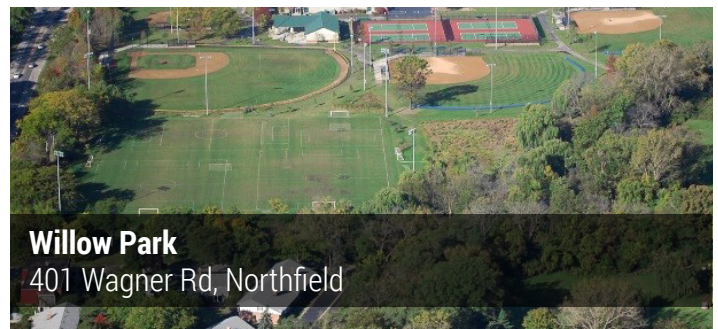
**Winnetka Turf Fields**

540 Hibbard Rd, Winnetka



**Loyola Academy**

1900 Johns Drive, Glenview



**Willow Park**

401 Wagner Rd, Northfield





# INTERESTED IN THE CHICAGO FC UNITED GIRLS CLUB PROGRAM? CONTACT OUR DIRECTORS!

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[andy.p@chicagofcunited.com](mailto:andy.p@chicagofcunited.com)

