



*How fast will we change the Team ONE Level of play?*

We will monitor CDC and other agency guidelines, evaluate our local environment, and determine our ability to safely move to the next level.

*What do I need to bring to practice?*

Please bring a water bottle, extra mask, your practice pinny, hand sanitizer, and all your lacrosse related equipment.

*What will practices look like this fall?*

As per state guidelines, lacrosse is a non-contact sport for the fall. Our fall training will still be focused on technical and tactical work.

*Do I need to wear a face covering during practice?*

You do not need to wear a face covering during practice. You do, however, need to wear a face covering as you enter and leave the field. Your Coach will provide instruction on when it is safe to remove before the training/game begins and when necessary to put back on at the conclusion of the training/game.

*Are my practices any different than prior years?*

No, practices will remain the same. You will be with your team and head coach.

*How will the games work this fall?*

Games will not yet be played this fall. We will continue to monitor the CDC and other agency guidelines and once safe to return to game play, we will do so.

*What happens if a player on my team has a positive COVID test?*

Each situation will be handled on a case by case basis. Attendance will be monitored and recorded at each and every training and game.

*Can I go to another team's practice?*

No, you must attend only your team's practice sessions.